



OMHA-AAA 2025-2026 Season Dates

East and West Conferences		REG Season		Round Robin PLAYOFFS			OMHA's	
Group	Prep Phase	Start	Finish	Start	Finish	Total Days	Dates	Location
U10	25-Aug	29-Sep	15-Feb	20-Feb	15-Mar	24	Mar 20-22	Newmarket
U11	25-Aug	29-Sep	22-Feb	27-Feb	22-Mar	24	Mar 27-29	Kingston
U12	25-Aug	29-Sep	15-Feb	20-Feb	15-Mar	24	Mar 20-22	Newmarket
U13	25-Aug	29-Sep	22-Feb	27-Feb	22-Mar	24	Mar 27-29	Kingston
U14	25-Aug	29-Sep	15-Feb	20-Feb	15-Mar	24	Mar 20-22	Newmarket
U15	25-Aug	29-Sep	22-Feb	27-Feb	22-Mar	24	Mar 27-29	Kingston
U16	25-Aug	29-Sep	08-Feb	13-Feb	08-Mar	24	Mar 13-15	Peterborough
U18	25-Aug	29-Sep	08-Feb	13-Feb	08-Mar	24	Mar 13-15	Peterborough

Special Games / Important Dates	Dates	Location / Arena/ Time
Sanctioned Tournaments begin	Sept 19	
U18 Showcase Crossover Event	Nov 14-15	Credit River - CAA Centre Brampton
U18 West All Star Game	Nov 22	Credit River - Earnscliffe Rec Centre, Brampton - 4:15 PM
U18 East All Star Game	Nov 23	Markham- Angus Glen West Community Centre-3 PM
U16 Showcase Crossover Event	Dec 6-7	North Shore - Rickard Recreation Complex, Bowmanville
Christmas Break	Dec 23 - Jan 1	no season games allowed
U15 Showcase Crossover Event	Jan 2-3	Halton- Milton Sports Centre
U18 OMHA All Star Game	Jan 4	YSE - St. Andrews College - 2PM
U16 Prospects with OHL	Jan 13-14	Peterborough - Miskin Law Complex
U16 East Showcase	Feb 7-8	Quinte - Quinte Sports and Wellness Centre
March Break	Mar 16-20	no March Break black out, games will be played
OHL Cup U16	Apr 6-8	Scotiabank Pond(round robin), Mattamy Athletic Centre (Championship)
Central Region U18	Mar 30- Apr 5	
OHF's U13 and U15	Apr 8-12	
OHL Cup U14	Apr 17-19	

(not in bold) - dates or locations TBD

See OMHA-AAA Policies and Procedures for No. of Regular season games and Round Robin games